

# MADE IN EUROPE



This product has been developed and manufactured using both raw materials and with production in Europe.

Choose quality, save money, and protect the environment.

# (UK) User Manual

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## Ergo Master



MC 001-1011

REF (Article no.)	HMI no.	Name - Size	UDI-DI/GTIN
MC 001-1011	19993	Ergo Master	05744001970089

Regulation MDR 2017/745 for medical devices class 1



ISO 12 31 81 01

The Original Nordic Human Handling Concept



SCAN ME

Developed & Manufactured by:



# Thank you for choosing a product from master care A/S.

## Important information before using the product(s):

We recommend reading the user manual thoroughly before using the product (-s).

The information in this user manual applies to the shown products provided that the products have not been modified or customized and that the products have been used as recommended in this user manual.

If the customer changes, repairs or uses the product in other combinations than recommended by master care A/S the CE-approval no longer applies and the guarantee becomes void.

In case of doubt, contact master care A/S or our distributor in your area.

### MDR (EU) 2017/745:

Products in this user manual are CE-approved and follows the harmonized standards. This means that the products are in compliance with the essential health and safety directives. The product(-s) comply with the standards in the Medical Device Regulation MDR (EU) 2017/745 – Class 1.

### The intended use of the product/-s:

For users who finds it painful or difficult to push against the mattress while moving from sitting to standing position or moving up- or downwards in the bed. The product should always be fully supported and in a horizontal position.

### Correct use of the product:

The user places the product fully supported on the surface. With weight on the hands and therefore for the product the user can make the transfer e.g., from bed to wheelchair.

### Indication:

The product can be used by users who are unable to push against the supporting surface during transfers, for example due to reduced mobility in the wrists and/or fingers, spasticity, or similar functional impairments.

### Contraindication:

The user must have sufficient cognitive function to be able to position the Ergo Master with an adequate support surface, ensuring that the Ergo Master does not tip off the supporting surface during the transfer.

### Warning:

Make sure that the product is placed on the surface with full support before use.

### Risk assessment:

Always make a risk assessment and a functional assessment of the user prior to using the product. This way using the product for transferring or moving a user, is ergonomic and legally sound.

### Knowledge of the product/transferring:

It is important that the user of the product has been properly instructed in the use of the product and has read the user manual thoroughly prior to using the product.

master care A/S and our distributors provide education in the use of products and on our website all user manuals can be found.

### Date of manufacture and Life span:

The product's production date can be found on the product label under 'LOT' and is displayed as YYMMDD - e.g. 251020, which refers to the product being produced on the 20th of September 2025.

The expected life span of the product with daily wear and tear is averagely 2-5 years. The products life span depends on the use and the user's load.

### Inspection:

Make visual inspections frequently and preferably before every use. Products with broken material or other deficiencies must be discarded. This way you will always keep a sound and healthy work environment for both helper and user.

### Guarantee:

master care A/S provide a 2-year guarantee covering material defects and manufacturing defects if the product has been used correctly.

### Unintended events and injuries when misusing the products:

Unintended events must always be reported to the appropriate National Authority and to master care A/S or the distributor in the current country.

master care A/S and our distributors take no responsibility for personal injuries or product damages if the product(-s) have been used in contravention of the by the manufacturer recommended intended purpose or proper use of the product.



# User Manual - Ergo Master

## Using the Ergo Master:



1. Ergo Master is suitable for user's, who find it difficult/painful for the hands or wrists to push against the mattress when lift the pelvis during transfers.



2. The user grips the handles of the Ergo Master.



3. Often it will be necessary to have an Ergo Master in each hand. The user is ready for the transfer.

## Transfer up in bed:



4. With an Ergo Master in each hand and the feet fully supported, push the weight onto the Ergo Masters.



5. The user leans forward, pushes the weight through the Ergo Masters into the mattress with straight wrists. Now, the user can move the pelvis up/backwards/sideways in bed without feeling any pain.

## Transfer to wheelchair:



6. The Ergo Masters can be used with or without the sliding board. Place the Ergo Master on top of the sliding board and shift the user's weight onto the handle.



7. Make sure the Ergo Master is FULLY placed on the sliding board, to prevent it from sliding off during the transfer.



8. The user can now lean forward and transfer the pelvis towards the wheelchair.

# User Manual - Ergo Master

## Technical Specifications

Article no. - Product Name	Size:	Handles:	Max. user weight	Product weight:
MC 001-1011 Ergo Master	L 28 x W 14 cm	2	200 kg	0,60 kg

### Materials:

PE MD

## WARNINGS



Never leave the product on the floor.



Make sure that all relevant brakes are activated before transferring the user.



### CE-certification:

This product is CE-approved and follows the harmonized standards. This means that the products are in compliance with the essential health and safety directives. The product(-s) comply with the standards in the Medical Device Regulation (EU) 2017/745 – class 1.



### User Weight/ SWL (Safe Working Load):

Recommended max. user weight: 200 kg



### Surface cleaning:

The surface of this product can be cleaned with a wet cloth and soap.



### Disinfectants:

This product tolerates alcoholic disinfectants with a pH level between 5-9.



### Maintenance:

Make visual inspections frequently and preferably before every use. Pay attention to scratches and tears to the surface. Products with high friction or other deficiencies must be discarded.



### User Manual:

Always read the User Manual thoroughly before using the product.



### Disposal:

Always make sure to follow local guidelines when disposing or discarding the product.

For more information, videos Quick Guide etc., visit [www.master-care.dk](http://www.master-care.dk)

